



THE ROTARY CLUB OF DELORAINE INC.

Chartered 5th March, 1957

Assembly: Tuesday 6.15 for 6.30p.m.

Rotary Function Centre

(Postal Address & Phone Number: P.O. Box 85, Deloraine 7304 / 6362 2325)

WEEKLY BULLETIN

District Governor Craig Perkins

Rotary Community Leader (North) - Alan Harris

BOARD OF DIRECTORS 2025-26

| | |
|---------------------------------------|-----------------------------|
| President | Greg Burgess |
| Immediate Past President | Andrew Dare |
| President Elect | Merrilyn Young |
| Club Service | Paul Bowman |
| Secretary | Annette Viney |
| Treasurer | Michael Plunkett |
| Vocational Service | Stephanie Johnston |
| Youth Service | Michael Swannell |
| Community Service | Merrilyn Young |
| International Service | Anthea Davey-Griffin |
| Membership & PR | Andrew Dare |
| Tasmanian Craft Fair | Michael Plunkett |

UNITE FOR GOOD

ROTARY CLUB OF DELORAINE INC.

VOLUME 70

NO. 13

30th SEPTEMBER, 2025

Tuesday 7th October

| | |
|---------------------------|-----------------------|
| Chairman: | Lois Catchlove |
| Toast: | Merrilyn Young |
| Sergeant: | Tony Wadley |
| Corporal: | Marc Smith |
| Heads & Tails: | Peter Griffin |
| President's Table | Tim Biggs |
| | Michael Swannell |
| Caterers: | Deloraine House |
| Venue Set-Up: | International Service |
| Attendance: | Merrilyn Young |
| <i>assisted by</i> | <i>Roy Axelsen</i> |
| Guest Speaker: | |

SEPTEMBER

Tuesday 30th

No Dinner Meeting

OCTOBER

Tuesday 7th

Dinner Meeting at Rotary Function Centre

Monday 13th

Breakfast at Deloraine Deli (8.00am)

Tuesday 14th

No Dinner Meeting

Board Meeting at Bendigo Bank Meeting Room (7.00pm)

ATTENDANCE AND APOLOGIES

Rotarians please note that for weekly meetings you will be automatically booked in. If you are unable to attend, please advise

PP Ann Axelsen by 12.00 noon each Monday / Phone 041 111 6480

To enable correct numbers to be given to the Caterers, it is important that Rotarians adhere to this. Please also advise if you are bringing guests.

Rotarians please remember to advise PP Ann if you have any dietary requirements.

Bulletin Information

Information for Weekly Bulletins is sought from **ALL Rotarians**. Information should be emailed or given to PP Ann Axelsen — ***aaxelsen@live.com.au*** Information should be submitted by **Sunday**.



Next Committee Meeting will be held on Thursday 2nd October 5.30pm at the Bendigo Bank Community Meeting Room.

ROSTERS

Rosters for set-up, manning of gates, and other duties, will be emailed to Rotarians shortly



The lighter side...

A man was having trouble getting his neighbour to keep his chickens fenced in. The neighbour kept talking about chickens being great creatures, and as such they had the right to go where they wanted.

The man was having no luck keeping the chickens out of his flower beds, and he had tried everything.

Two weeks later, on a visit a friend noticed his flower beds were doing great. The flowers were beginning to bloom.

So the friend asked him how he managed to keep the birds away. "How did you make your neighbour to keep his hens in his own yard?"

"One night I hid half a dozen eggs under a bush by my flower bed, and the next day I let my neighbour see me gather them. I wasn't bothered after that."

FAMILY OF ROTARY

INDUCTION ANNIVERSARIES:

Anthea Davey-Griffin
3rd October (2023)
Rob van der Elst
5th October (2004)

BIRTHDAY:

Don Collins 6th October

WEDDING ANNIVERSARY:

Michael & Alison Swannell
30th September

BREAKFAST FELLOWSHIP AT THE DELORAINE DELI

We will continue to hold Breakfast Fellowship Meetings at the Deloraine Deli in 2025, meeting from 8.00am

This is a great time to enjoy the company of each other in a social atmosphere. Please note that all are invited to this gathering (Honorary Members, Partners, friends, PHFs) you just need to make sure that you advise Ann of your attendance by the Friday prior.

Breakfast dates are:-

| | |
|----------|-------------------------|
| October | Monday 13 th |
| November | Monday 10 th |
| December | Monday 8 th |

WHAT'S HAPPENING and WHEN??

(Please note details are subject to change)

SEPTEMBER

Tuesday 30th No Dinner Meeting

OCTOBER

Thursday 2nd TCF Meeting—5.30pm at Bendigo Bank Meeting Room

Friday 3rd to Sunday 5th

Rotary Family Weekend at Orford

Tuesday 7th Dinner Meeting at Rotary Function Centre

Monday 13th Breakfast at Deloraine Deli (8.00am)

Tuesday 14th No Dinner Meeting

Board Meeting 7.00pm at Bendigo Bank Meeting Room

Tuesday 21st Dinner Meeting at Meander Hall

Sunday 26th Set up begins for the Tasmanian Craft Fair

Friday 31st Tasmanian Craft Fair starts

NOVEMBER

Saturday 1st and Sunday 2nd

Tasmanian Craft Fair

Monday 10th Breakfast at Deloraine Deli (8.00am)

Tuesday 11th No Dinner Meeting

Board Meeting 7.00pm at Bendigo Bank Meeting Room

Tuesday 18th Dinner Meeting at Rotary Function Centre

Tuesday 25th Dinner Meeting at Rotary Function Centre

DECEMBER

Tuesday 2nd Dinner Meeting (and Annual Meeting) at the Rotary Function Centre

Monday 8th Breakfast at the Deloraine Deli (8.00am)

Tuesday 9th No Dinner Meeting

Board Meeting at Bendigo Bank Meeting Room (7.00pm)

Tuesday 16th Christmas Function

FEBRUARY 2026

Tuesday 24th Meeting transferred to Saturday 28th (International Dinner)

Saturday 28th International Fundraiser Dinner at the Function Centre

MARCH

Friday 13th to Sunday 15th

Combined District 9815 and 9830 District Conference

ROTARY CATERING INFORMATION

SET UP — INTERNATIONAL SERVICE

TUESDAY 30TH SEPTEMBER

For Rotary:

1. Directorate nominated on Roster is responsible for set up and pack up. If not available please arrange own change.
2. **Set-Up**
 - a) Obtain code from Ann — 041 111 6480
 - b) Tables into correct position and to set tables with Cutlery, Rotary Placemats, Salt, Pepper, Serviettes, Water Carafes
(Note—tablecloths to be used only for 'special' occasions)
 - c) To ensure that glasses are placed on side table with drinks.
Note: Only one bottle of red and one bottle of white to be opened at beginning of night, if more are required these are held at the President's table.
 - d) To place on table with 2 kettles—mugs, spoons, tea, coffee etc.
Ensure kettles are filled, power point on, and set kettles to boil
 - e) Heaters on (as required)
 - f) Set up PA System
 - g) Assist with Attendance (check Weekly Duties list)
3. **Pack-Up** (assistance from all Rotarians appreciated)
 - a) Everything off tables and back to kitchen
 - b) At the end of the night all opened bottles of wine should be removed from the Function Centre
 - c) Pack up PA system
 - d) When tablecloths are used, to take home and wash
 - e) Tables and chairs—put away
 - f) Check toilets
 - g) Lights off, lock up and keys back in box.

Caterers: Deloraine House

Set Up: This is on a rotational basis:

| | |
|-------------------------------|--|
| PR & Membership | 18 th November |
| Club Service & TCF Committees | 25 th November |
| Youth Service | 2 nd December |
| Community Service | 16 th December |
| International Service | Saturday 28 th February, 2026 |
| Vocational Service | 3 rd March |



CORES Australia

Community Owned Response to Eliminating Suicide

Self-Care and Mental Wellbeing Workshop

Level 1

Training Aim:

This 2.5-hour self-care and mental wellbeing workshop is designed to provide participants with the knowledge, skills and resources to develop and use an individualised self-care and mental wellbeing plan that includes strategies to enhance their physical, mental, emotional, social and spiritual health on a daily basis.

Learning Outcomes:

Through the completion of this workshop, participants will be able to:

- Identify what self-care and mental wellbeing is;
- Recognise the importance of setting boundaries;
- Demonstrate an understanding of how self-talk influences our opinion of ourselves and the way in which we talk to others;
- Recognise personal stresses and identify self-care strategies to enhance wellbeing on a physical, mental, emotional, social and spiritual level;
- Recognise and identify supportive people and resources within their own lives and community;
- Develop a personalised self-care and mental wellbeing plan.

When: Thursday 16th October 2025

Where: Westbury Community Health Centre
89 Meander Valley Road, Westbury

Time: 10:00am – 12:30pm – registration from 9:45am

Cost: Free

Bookings: <https://events.humanitix.com/scmw1-westbury-oct25>
Or email admin@kentishrc.com.au or phone 6491 1552

Thanks to support from



TASMANIAN
HEALTH
SERVICE





THE LITTLE BOOK OF SCAMS

HOW TO SPOT AND AVOID SCAMS

COMMON SCAMS YOU SHOULD KNOW ABOUT

Here are some of the most common scam types for you to be aware of. You can find more information on each of these types of scams, including warning signs and steps to protect yourself, on the **Scamwatch website**.

IMPERSONATION SCAMS

Scammers try and convince you to give them your personal information by pretending to be from trusted organisations such as the police, government, banks, and well-known businesses. They can even pretend to be your friend or family member. They try to get information about you by sending phishing emails or messages. These are designed to steal your information.

Scammers use technology to make their calls or messages appear to come from a legitimate phone number. They can make text messages appear in the same conversation thread as genuine messages from an organisation.

INVESTMENT SCAMS

Scammers use convincing marketing and new technology to make their investment sound too good to miss. They promise you big dividends with little or no risk. They often use pressure tactics to get you to act fast, so they can steal your money

JOBS AND EMPLOYMENT SCAMS

Scammers offer jobs that pay well with little effort. They pretend to be hiring on behalf of high-profile companies and online shopping platforms. Sometimes, the job they list doesn't even exist. Scammers also impersonate well-known recruitment agencies. Their goal is to steal your money and personal information. They may ask you to pay money up front to be able to work for them.

PRODUCTS AND SERVICE SCAMS

Scammers pose as buyers or sellers to steal your money. They set up fake websites or profiles on legitimate retailer sites offering products or services at prices that are too good to be true. They post fake ads and fake reviews. They may use stolen logos, a .com.au domain name and stolen Australian Business Number (ABN).

Scammers also pose as businesses that you know and trust to send you fake bills. They can even change details on legitimate invoices so that customers end up paying the scammer instead of you.



THE LITTLE BOOK OF SCAMS

HOW TO SPOT AND AVOID SCAMS

COMMON SCAMS YOU SHOULD KNOW ABOUT

ROMANCE SCAMS

Scammers use the promise of love, dating, or friendship to steal your money. They go to great lengths to convince you the relationship is real and manipulate you to give them money.

Scammers find you on social media, dating or gaming apps and websites. They might also text or email you. They hide behind fake profiles and identities, sometimes of famous people. Once you trust them, they will have an 'emergency' and ask for your help. This will often be requests for money or other products.

THREATS AND EXTORTION SCAMS

Scammers pretend to be from a trusted organisation and claim you need to pay money or something bad will happen. They may threaten you with arrest, deportation, or even physical harm, if you don't agree to pay them immediately.

They can also blackmail you by threatening to share naked pictures or videos you have sent them unless you send them money.

UNEXPECTED MONEY SCAMS

Scammers try to convince you that you are owed or entitled to, money or winnings that you did not expect to receive.

The scammer asks you to pay a fee or to give your banking or identity details before you can collect the money or winnings. Unfortunately, there is no free money.

WHERE TO REPORT SCAMS

We're working to make Australia a harder target for scammers by raising awareness about how to spot, avoid, and report scams.

We share information from scam reports and work with government, law enforcement, and the private sector to disrupt and prevent scams.

Help others by reporting scams to Scamwatch. Report your scam experience to Scamwatch via report form on the Scamwatch website **www.scamwatch.gov.au**

Remember, if you are a victim of a scam, it's important you act quickly:

- ◇ **If a scammer has stolen your money, contact your bank or card provider;**
- ◇ **Contact ID Care 1800 595 160 / idcare.org**

Generic Email Addresses

Club Officers:

President: president.deloraine@rotary9830.org.au

Secretary: secretary.deloraine@rotary9830.org.au

Treasurer: treasurer.deloraine@rotary9830.org.au



Craft Fair:-

Director: director@tascraftfair.com.au

Secretary: secretary@tascraftfair.com.au

Treasurer: treasurer@tascraftfair.com.au



Websites

www.rotaryclubofdeloraine.org.au

www.rotaryclubofdeloraine.org.au/rotary-function-centre

www.tascraftfair.com.au

Social Media



<https://www.facebook.com/RotaryClubofDeloraine/>

<https://www.facebook.com/tascraftfair>



https://www.instagram.com/deloraine_rotary/



District Website
MY Rotary

www.rotary9830.org.au
<https://my.rotary.org/>

Rotary Officers:

R.I. President:

Francesco Arezzo

District Governor (9830)

Craig Perkins

Rotary Community Leader (North)

Alan Harris

DISTRICT 9830 CLUBS IN THE NORTHERN REGION

Monday:

| | | |
|--------------------|--|------------------|
| Central Launceston | Launceston Grand Chancellor | 12.45 for 1.00pm |
| Launceston West | The Boathouse on Northbank 55a Lindsay St | 5.30 for 6.00pm |
| West Tamar | The Exeter Community Club | 6.00 for 6.15pm |

Tuesday:

| | | |
|------------|------------------------|-----------------|
| Deloraine | Rotary Function Centre | 6.15 for 6.30pm |
| Scottsdale | Anabel's Restaurant | 6.00 for 6.30pm |

Wednesday:

| | | |
|---------------|---|-----------------|
| Georgetown | The Bass and Flinders Centre <i>(not 1st Wed of month)</i> | 6.45 for 7.00pm |
| Kings Meadows | Launeston Golf Club <i>(1st and 3rd Wednesday)</i> | 5.45 for 6.15pm |
| Launceston | Hotel Grand Chancellor, Cameron St | 6.00 for 6.15pm |
| Tamar Sunrise | The Florence Café 49 Brisbane Street | 7.00 for 7.15am |
| Westbury | Westbury RSL Club | 6.45 for 7.00pm |

Thursday:

| | | |
|------------------|----------------------------------|-----------------|
| Longford | Longford RSL Club, Wellington St | 6.30 for 7.00pm |
| South Launceston | Launceston Grand Chancellor | 5.45 for 6.15pm |

Rotary Club of Legana

Meetings are held online. Form more details visit their Facebook

Clubs in other Regions are listed at

<http://www.rotary9830.org.au/administration/club-meetings/>

100 YEARS
STRONG

COMMITTEES

CLUB SERVICE: Paul Bowman
Public Officer - Steen Andersen

Apologies

Ann Axelsen
041 111 6480

Bulletin

Ann Axelsen
Gayle Plunkett

Club Night Set Up

Committees on a Roster basis

Heads & Tails

Peter Griffin
Tim Biggs

Club History

Bev Ritchie
Maree Matanle

Sergeant

Andrew Johnston
Tony Wadley

Programme

Andrew Dare
Peter Griffin
Rob van der Elst

Photographer

Marc Smith

Family of Rotary

Ann Axelsen

Fellowship

John Tabor

Rotary Function Centre
Andrew Dare (Chairman)

Michael Plunkett

Club Property

Lois Catchlove

Rotary Information

Paul Bowman

Club Protection Officer

Michael Plunkett

Webmaster

Greg Burgess

Rotary Function Centre Caretaker

Ann Axelsen (041 111 6480)

VOCATIONAL SERVICE

Director:

Stephanie Johnston

Andrew Johnston
Bev Ritchie
John Tabor
Andrew Bartlett
Peter Griffin
Steen Andersen

COMMUNITY SERVICE

Director:

Merrilyn Young

Rob van der Elst
Tony Wadley
Don Collins
B.Lee Cervantes
Paul Bowman

TASMANIAN CRAFT FAIR

Director: **Michael Plunkett**

Treasurer: Tim Biggs
Secretary: Ann Axelsen

Lois Catchlove
Annette Viney

YOUTH SERVICE

Director:

Michael Swannell

Lois Catchlove
Michael Bennett
Andrew Dare
Marc Smith

INTERNATIONAL SERVICE

Director:

Anthea Davey-Griffin

Ann Axelsen
Tim Biggs
Maree Matanle
Michael Plunkett
Gayle Plunkett
Roy Axelsen

MEMBERSHIP & PR

Director:

Andrew Dare

Peter Griffin

MUNA & RYDA

Annette Viney

Rotary Pratt Foundation

Andrew Johnston (Chairman), Annette Viney (Secretary),
Tim Biggs (Treasurer), Barb Harvey, Kim Burgess